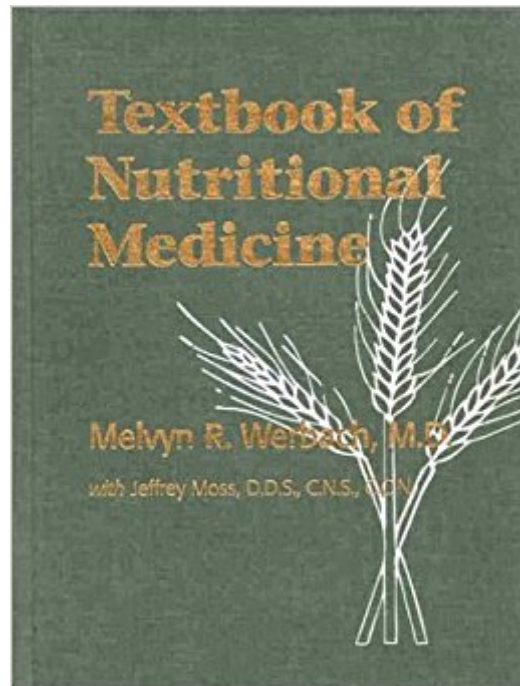




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# Textbook Of Nutritional Medicine



## Synopsis

The first textbook in a rapidly evolving field, Textbook of Nutritional medicine provides discussions of dietary and nutritional treatments for 82 illnesses based on a comprehensive review of the world's literature. It also features unique Nutritional Treatment Guides that rate and summarize each nutritional treatment discussed in the text, including dosages, trial periods, etc. In addition, numerous case reports illustrate the application of the treatments that are discussed.

## Book Information

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## Customer Reviews

"A highly recommended addition to the library of any serious practitioner or researcher of nutritional medicine." -- [Alternative Medicine Review \(USA\)](#) "EDITORS' CHOICE: This book will undoubtedly move the concept of nutritional medicine into the realm of respectability." -- [Nutrition Science News \(USA\)](#) "Satisfies the need for information among beginning practitioners [and] advanced orthomolecular physicians and therapists." -- [De Orthomoleculaire Koerier \(Netherlands\)](#) "Whether a physician or a consumer with an interest in dietary supplements, this should serve as a standard reference book." -- [The Nutrition Reporter \(USA\)](#) "[This book] is, in this reviewer's opinion, a mandatory work for physicians newly aspiring to nutrient-based medicine." -- [Journal of Advancement in Medicine \(USA\)](#)

This unique book on the treatment of illness with diet and supplements is based on the extensive knowledge of the scientific literature which made the Werbach Sourcebooks of Clinical Research

internationally famous.

The Textbook of Nutritional Medicine is wealth of information. You may want to buy this book if you are a graduate student and need more information or expanded information for the listed nutritional products. This is a reference tool and it written in the style of a textbook. It is easy to understand. A library could add this book to widen the information in this area of their library for college or graduate students.

This is a very good, literature based assessment of the use of vitamins, minerals, herbs, etc. for the treatment of disease. All of the recommendations are based on an extensive review of the technical journals. Dr. Werbach has arranged his literature based recommendations for common pathological conditions. He recommends and categorizes various nutrients if the literature definitely supports its use, probably supports its use or there is not enough empirical evidence supporting its use. If you're an alternative health care provider, this book is a must buy!

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